



Diary of a Desperate Dad: One Man's Guide to Family Life from 0 to 5

By Sam Jackson

Elliott & Thompson Limited. Paperback. Book Condition: new. BRAND NEW, Diary of a Desperate Dad: One Man's Guide to Family Life from 0 to 5, Sam Jackson, If you've ever had to navigate the sleep-deprived haze of parenting, or are looking forward to being a dad for the first time, this book is for you. In between teatime, bathtime and bedtime, clearing up sick, sleepless nights and unexpected outbursts from kids and adults alike, Sam Jackson brings the highs and lows of fatherhood to life with hilarious stories and insightful reflections on his own extensive - and hectic - experience as a dad of three young children. With useful tips on manners and socialising, mealtime strategies, sibling rivalry, and the trials and tribulations of discipline, not to mention playing your part during pregnancy and birth, Diary of a Desperate Dad is essential reading for all fathers seeking a humorous and intelligent take on what it means to be a modern dad.

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