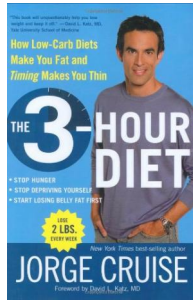


The 3-Hour Diet: How Low-Carb Diets Make You Fat and Timing Makes You Thin



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