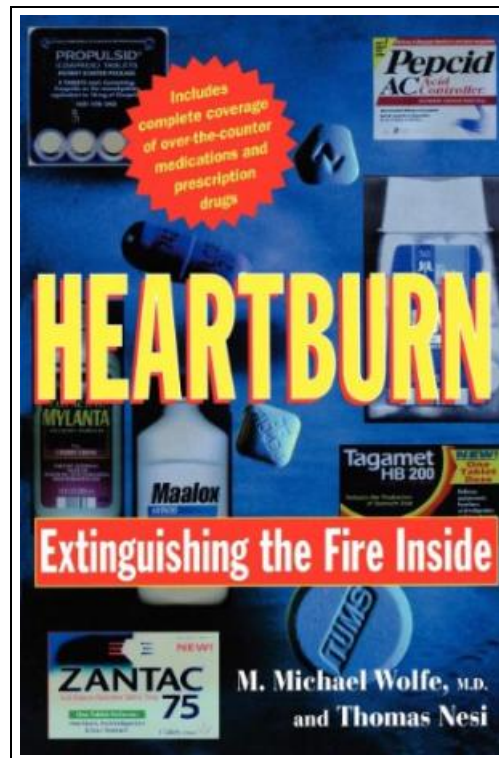


Heartburn: Extinguishing the Fire Inside



Filesize: 1.8 MB

Reviews

It is just one of my personal favorite publications. It is among the most awesome publications I have read. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Delia Rutherford)

HEARTBURN: EXTINGUISHING THE FIRE INSIDE



W. W. Norton & Company. Paperback. Condition: New. 192 pages. Dimensions: 8.2in. x 5.5in. x 0.6in. Many individuals who suffer from heartburn think this is not an important disease and are afraid to talk with their physicians. I hope this book will open their eyes. What's more, the book is truly a delight to read! Joel E. Richter, M. D., The Cleveland Clinic Foundation Help is here--now and in the long term--for heartburn sufferers. This is the first book for general readers about treating and preventing one of America's most widespread medical problems. Much of the advice in Heartburn comes from the frontiers of medicine. It dispels myths about heartburn, calms fears, and points sufferers toward correct diagnosis and therapies. If you're a sufferer you should know: how and why acid reflux disease (heartburn) has come to be known as The Great Masquerader; what is the best medication for you; how antacids can help you and how they can sometimes harm you; why you may be taking the wrong dosage of your present medication or taking it at the wrong time; how to tell if your asthma, hoarseness, or chest pain is related to reflux disease; how lifestyle changes can help your condition; how a recently developed breakthrough drug taken once a day can virtually eliminate symptoms in less than two months. As Dr. Wolfe says in his introduction, After you have read this book, you should be provided with the information to relieve or even cure your condition. Originally published in cloth under the title The Fire Inside. For this paperback edition, the authors have updated the text throughout and added a new preface. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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