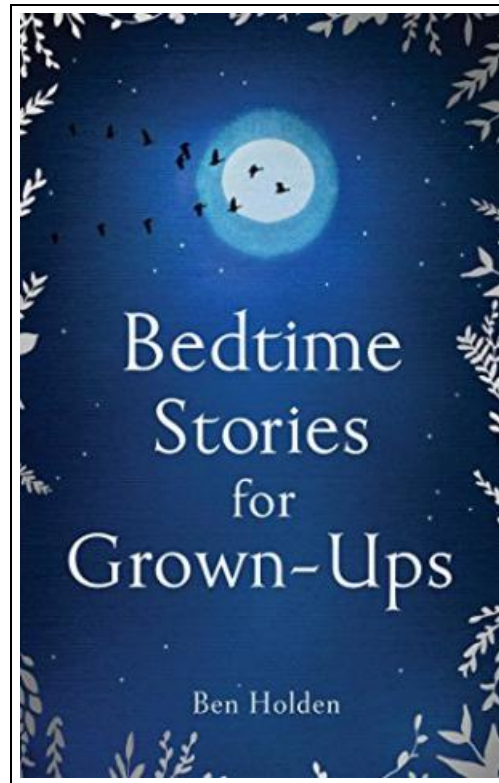


Bedtime Stories for Grown-ups (Hardback)



Filesize: 2.31 MB

Reviews

A must buy book if you need to adding benefit. This is for anyone who statte that there had not been a well worth reading through. Its been designed in an exceptionally straightforward way which is simply right after i finished reading this book where basicly changed me, change the way i think.

(Adrien Robel)

BEDTIME STORIES FOR GROWN-UPS (HARDBACK)



Simon Schuster Ltd, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. There are few more precious routines than that of the bedtime story. So why do we discard this invaluable ritual as grown-ups to the detriment of our well-being and good health? In this groundbreaking anthology, Ben Holden, editor of the bestselling *Poems That Make Grown Men Cry*, challenges how we think about life, a third of which is spent asleep. He deftly explores not only the science of sleep but also why we endlessly tell stories - even to ourselves, as we dream. Holden combines his own illuminating storytelling with a treasure trove of timeless classics and contemporary gems. Poems and short stories, fairy tales and fables, reveries and nocturnes - from William Shakespeare to Haruki Murakami, Charles Dickens to Roald Dahl, Rabindranath Tagore to Nora Ephron, Vladimir Nabokov to Neil Gaiman - are all woven together to replicate the journey of a single night's sleep. Some of today's greatest storytellers reveal their choice of the ideal grown-up bedtime story: writers such as Margaret Drabble, Ken Follett, Tessa Hadley, Robert Macfarlane, Patrick Ness, Tony Robinson and Warsan Shire. Fold away your laptop and shut down your mobile phone. Curl up and crash out with the ultimate bedside book, one you'll return to again and again. Full of laughter and tears, moonlight and magic, *Bedtime Stories for Grown-ups* joyfully provides the dream way to end the day - and begin the night . . .



[Read Bedtime Stories for Grown-ups \(Hardback\) Online](#)



[Download PDF Bedtime Stories for Grown-ups \(Hardback\)](#)

You May Also Like



Tales from Little Ness - Book One: Book 1

Lulu.com, United Kingdom, 2015. Paperback. Book Condition: New. 210 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.Two of a series of short Bedtime Stories for 3 to 5 year...

[Save PDF »](#)



Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 211 x 101 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read...

[Save PDF »](#)



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1624-1625)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now...

[Save PDF »](#)



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you...

[Save PDF »](#)



Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other...

[Save PDF »](#)