



Lipid Metabolism and Health

By -

CRC Press. Hardcover. Condition: New. This item is printed on demand. 376 pages. That a relation exists between lipidslipoproteins and coronary artery disease is no longer an arguable point. However, the complexities associated with this relationship, and the number of factors that can impact and alter circumstances and clinical status, are many and diverse. Consequently, this relationship continues to receive a great deal of focus from researchers. Lipid Metabolism and Health, in presenting the latest statement from those positioned on the cutting edge in this arena, provides an overview and historical perspective of the evolution of serum lipids and lipoproteins. It traces their development from a mere curiosity to their acceptance as an established and major coronary artery disease (CAD) risk factor, and, ultimately, to their becoming the subject of clinical guidelines. Considerable attention is focused on the fundamentals, beginning with a chapter on basic lipidology, and progresses through such topics as lipidlipoprotein metabolism, and the biology of atherosclerosis. Additional topics include methodologies for measuring lipoproteins, clinical strategies used to manage unhealthy lipid levels, and discussion of important influential factors such as obesity, diabetes and metabolic syndrome, dietnutrition, exercise, cigarette smoking and environmental tobacco smoke, and age, as well as...



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