



Somebody Should Have Told Us!: Simple Truths for Living Well (Paperback)

By Jack Pransky

Ccb Publishing, United States, 2014. Paperback. Condition: New. 3rd ed.. Language: English . Brand New Book ***** Print on Demand *****.What if peace of mind, beautiful feelings, little or no stress, wonderful, healthy relationships and greater effectiveness, were right at your fingertips, and you held the key but didn't realize it or didn't know how to use it? That is what Somebody Should Have Told Us! This book is about how we all have a state of perfect mental health and wisdom inside us that can only be covered up by our own thinking, and how our use of our power of thought creates the reality we see, out of which we then think, feel and act. Here are ten simple but profound truths for living well, arising from three spiritual facts that, once grasped or truly realized, can transform one's life. This book has the ability to spawn insights that change the lives of those who come to understand the simple, yet profound wisdom contained in this book. In fact, it already has. This book is the essence of self-help, in that it points people inside themselves for all answers. It shows people how to access...



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