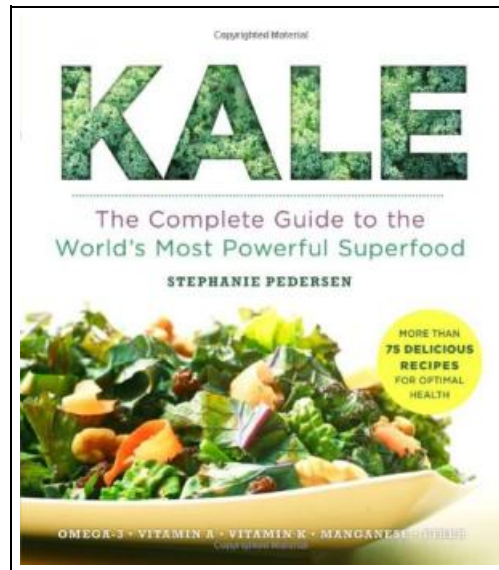


## Kale: The Complete Guide to the World's Most Powerful Superfood



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